



## About PCL

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PCL is a community agency whose services are sponsored by the organisation Pregnancy Counselling and Education Services Incorporated (PCESI), which was founded in 1973.

PCESI is a charitable, not for profit organisation supported by funding from the Queensland Government and members of the community. PCESI is an autonomous organisation which is not affiliated with any religious or other group.

### Why is there no fee for our service?

PCL uses government funding, member donations and sponsorship to enable us to provide professional counselling and community education free of charge.



*Women talk,  
we listen ...*  
1800 777 690

### Pregnancy Counselling Link

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**Counselling Services  
and Professional Referrals**  
1800 777 690  
counsel@pcl.org.au

**Community Education**  
07 3512 7999  
development@pcl.org.au

**Office and Administration**  
T 07 3512 7999  
F 07 3369 2799

35 Cambridge Street  
Red Hill Qld 4059

info@pcl.org.au  
www.pcl.org.au




www.facebook.com/PCLcounselling  
twitter.com/PCL\_counselling

*Follow us to keep up to date with our  
upcoming events and workshops as well as  
interesting articles and useful resources.*



*Women talk,  
we listen ...*  
1800 777 690



*It can be very  
helpful to talk  
to a counsellor*

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At PCL we specialise in counselling and education services offering support around:

- Pregnancy and parenting
- Relationships
- Navigating life changes
- Fertility and reproduction
- Loss and grief

www.pcl.org.au



## Counselling Services

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PCL specialises in counselling services for women. We also support partners and families, providing caring professional counselling to those distressed or facing difficulties around:

- Pregnancy and parenting
- Relationships
- Navigating life changes
- Fertility and reproduction issues
- Loss and grief

Our counsellors are here to support you through times of stress, difficult decisions, life transitions, depression and anxiety.

It is common for people to delay seeking support when facing challenges in their lives. By taking time to talk to one of our professional counsellors you can experience for yourself the benefits which counselling offers, so you can find a new and supportive way through your difficulties.

**You deserve to have peace of mind and well-being.**

## Our Counsellors

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Our counsellors are tertiary qualified professionals who are committed to providing a quality service to clients. Face to face counselling can be accessed at convenient community locations around Brisbane.

Our vision is to enhance the lives of women and their families. PCL's values of respect, compassion, integrity and professionalism are integral to the way we support our clients.

### **Your privacy and our duty of care**

PCL maintains a duty of care to provide emotional support and professional care to our clients in a confidential, sensitive and non-judgemental environment. We do not provide advice or referrals on medical issues or procedures.

PCL maintains a strict code of ethics and is therefore bound by professional privacy and confidentiality guidelines. Our counsellors attend regular training sessions and receive certified supervision, to ensure they deliver a high quality professional service.

## Education & Resources

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An important aspect of PCL's work is community education. We link with service providers in the areas of health, education and community support.

We deliver presentations, workshops and events that increase staff knowledge and confidence in handling situations, such as the grief associated with a traumatic birth or pregnancy loss.

PCL offers counselling and education services that will support you in your work and also assist women and families with counselling in our specialised areas.

We also offer educational programs for parents and community members. Programs such as the Koala Joeys Family Program and Journey to Parenthood are currently held in selected community settings.

**Email or phone if you're interested in one of our educational programs.**